

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

# PROBLEMS ABOUT EXERCISE and SPORTS

## ● ADVICE COLUMN READING COMPREHENSION

### 1. How much does Gerald weigh?

- (a) 15 kilograms
- (b) 70 kilograms
- (c) He doesn't say.

### 2. How many hours of TV does Gerald watch?

- (a) an hour each day
- (b) half an hour each day
- (c) He doesn't day.

### 3. What does Gerald think about running?

- (a) He thinks it's the best kind of exercise.
- (b) He thinks it's boring.
- (c) He thinks he should do it more often.

### 4. What does Sam think about sports?

- (a) More schools should have team sports.
- (b) It can help you make friends.
- (c) It's a waste of time.

### 5. Sam's son often wins gold medals.

- (a) TRUE
- (b) FALSE
- (c) He doesn't say.

### 6. Sam's wife agrees with Sam.

- (a) TRUE
- (b) FALSE
- (c) He doesn't say.

### 7. Who is Suzanne worried about?

- (a) her classmate
- (b) herself
- (c) her sister

### 8. How much time does her friend spend doing aerobic dancing?

- (a) one hour
- (b) thirty minutes
- (c) two hours

### 9. Why is Suzanne worried?

- (a) Her classmate doesn't study enough.
- (b) 15 to 20 hours of exercise might be too much.
- (c) Lifting weights can be dangerous.

### 10. Which two people don't get much exercise?

- (a) Sam's son and Gerald.
- (b) Gerald and Suzanne's classmate.
- (c) Sam's son and Suzanne's classmate.

Score out of ten	As percentage
/10	%

**Aim** Reading Practice

**Level** Elementary to Pre-Intermediate

## **ANSWER KEY**

- |             |              |
|-------------|--------------|
| <b>1. C</b> | <b>6. A</b>  |
| <b>2. C</b> | <b>7. A</b>  |
| <b>3. B</b> | <b>8. B</b>  |
| <b>4. B</b> | <b>9. B</b>  |
| <b>5. C</b> | <b>10. A</b> |