When do we use ‘so’ and when do we use ‘because’? How is the meaning different?

- **I was tired**, **so** **I went to bed.**
  - “I was tired” happened first.
  - It is the *reason* for going to bed.

- **I went to bed** **because** **I was tired.**
  - “I went to bed” happened after feeling tired.
  - It is the *result* of feeling tired.